

# APPENDIX D: SCREENING TOOL

## Screening Tool

The screening tool must be completed before **each HNS-sanctioned activity**.

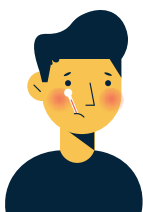
1

**Are you feeling unwell or do you have new or worsening health symptoms?**

If yes, stay home and avoid public spaces, including work, school/child care, and shopping.

2

**In the past 48 hours have you had, or are you currently experiencing, any of these symptoms?**



Fever (i.e. chills/sweats) **OR** Cough (new or worsening)

**OR** two or more of the following symptoms (new or worsening);



Sore throat



Runny nose/nasal congestion



Headache



Shortness of breath

If yes, stay home and complete the COVID-19 self-assessment online, <https://covid-self-assessment.novascotia.ca/>. If you are unable to access the online tool, call 811.

3

**In the last 14 days, have you or anyone in your household travelled from anywhere except Prince Edward Island or Newfoundland and Labrador?**

If yes, and the travel is not essential, everyone in your home is required by law to self-isolate for 14 days. For more information on isolation and essential travel, visit <https://novascotia.ca/coronavirus/symptoms-and-testing/#self-isolate>.

4

**In the last 14 days, have you had close contact (within 2 metres / 6 feet) with someone confirmed to have COVID-19?**

If yes, you must stay home. You are required by law to self-isolate if you have been identified as a close contact of someone with COVID-19. If you haven't spoken with Public Health or been tested, you should complete the online assessment at <https://covid-self-assessment.novascotia.ca/> or contact 811 to be screened for testing for COVID-19.

5

**Are you waiting for results from a COVID-19 test or have you tested positive for COVID-19?**

If yes, stay home. You are required by law to self-isolate while awaiting COVID-19 test results or if you have tested positive for COVID-19. Please follow instructions given by Public Health.